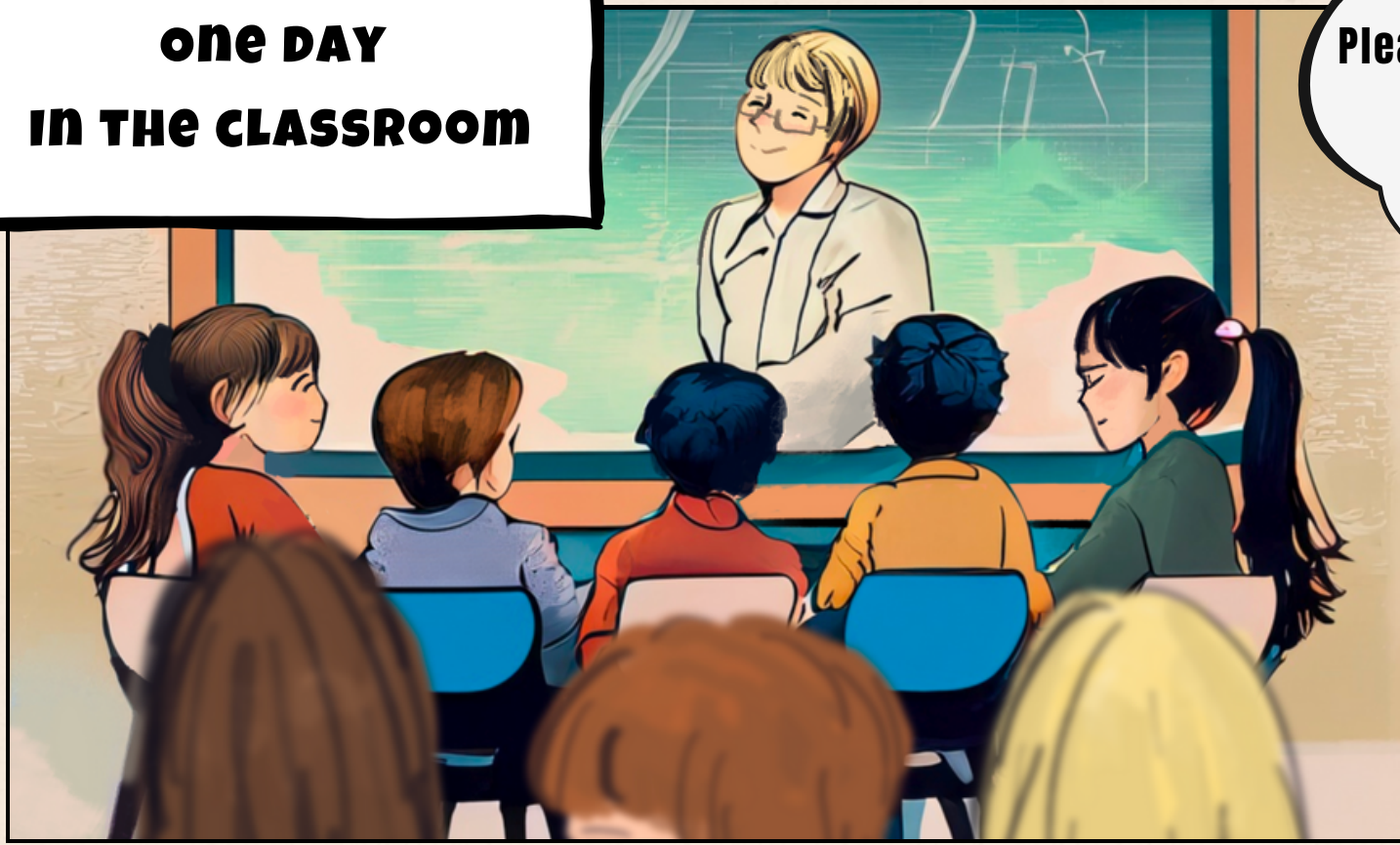


Implicit or Unconscious Bias

**one DAY
IN THE CLASSROOM**



Please form a group of 3 people



Let's partner up!



Matthew

Sure!
We need one more groupmate then!



Simon

They are thinking Who will be the best fit.



How about Michael?

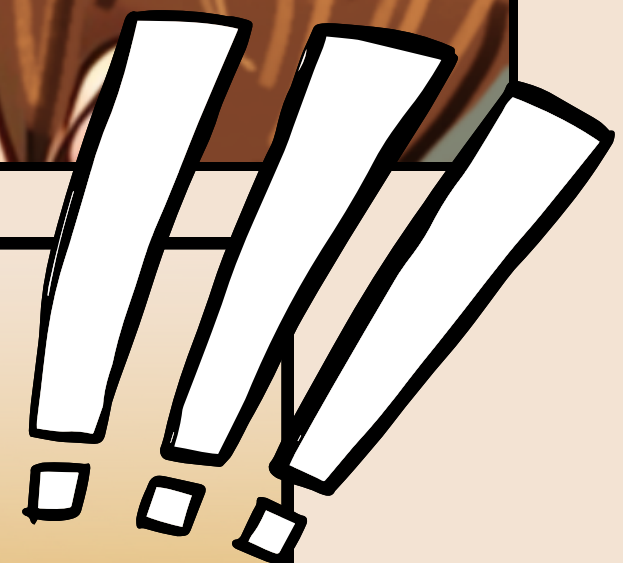
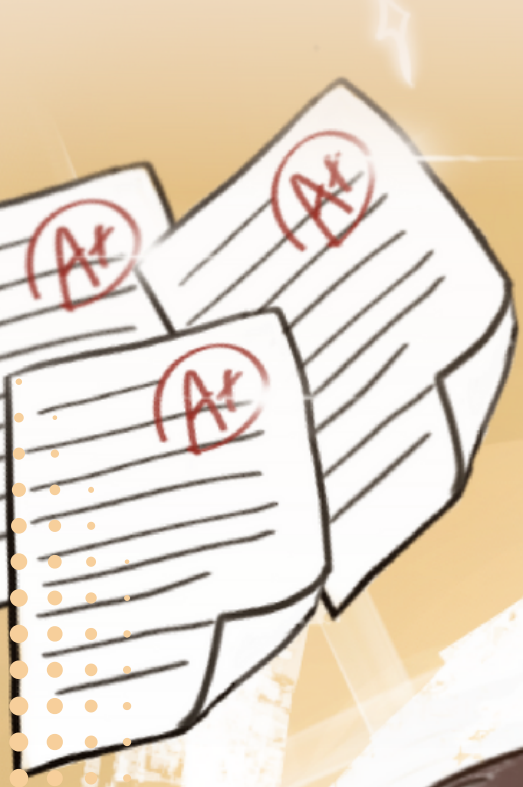
What do you think about it?



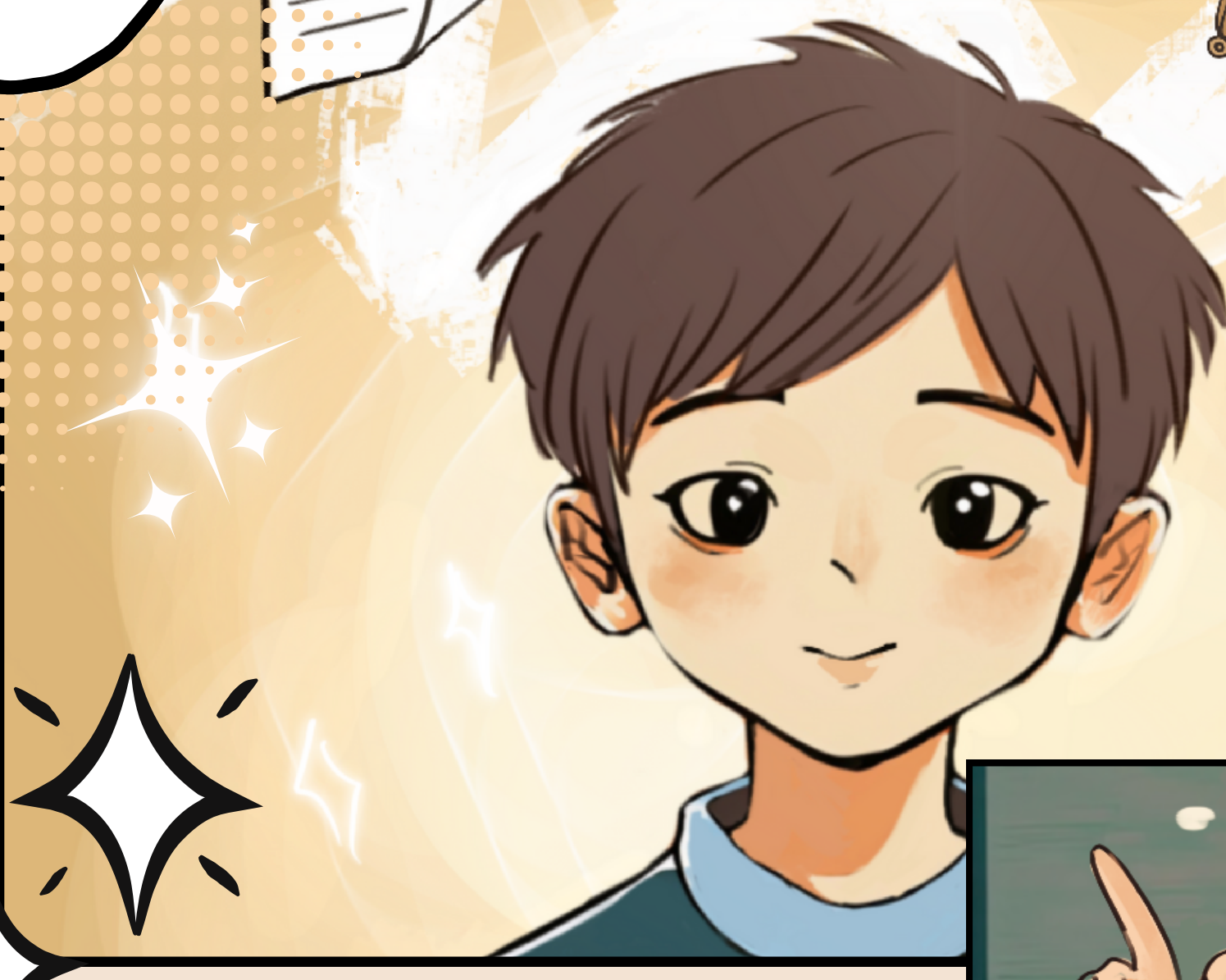
**Why?
I think Peter
might be
better.**


**He's really
good at
this course.**

**Michael
is Asian!**

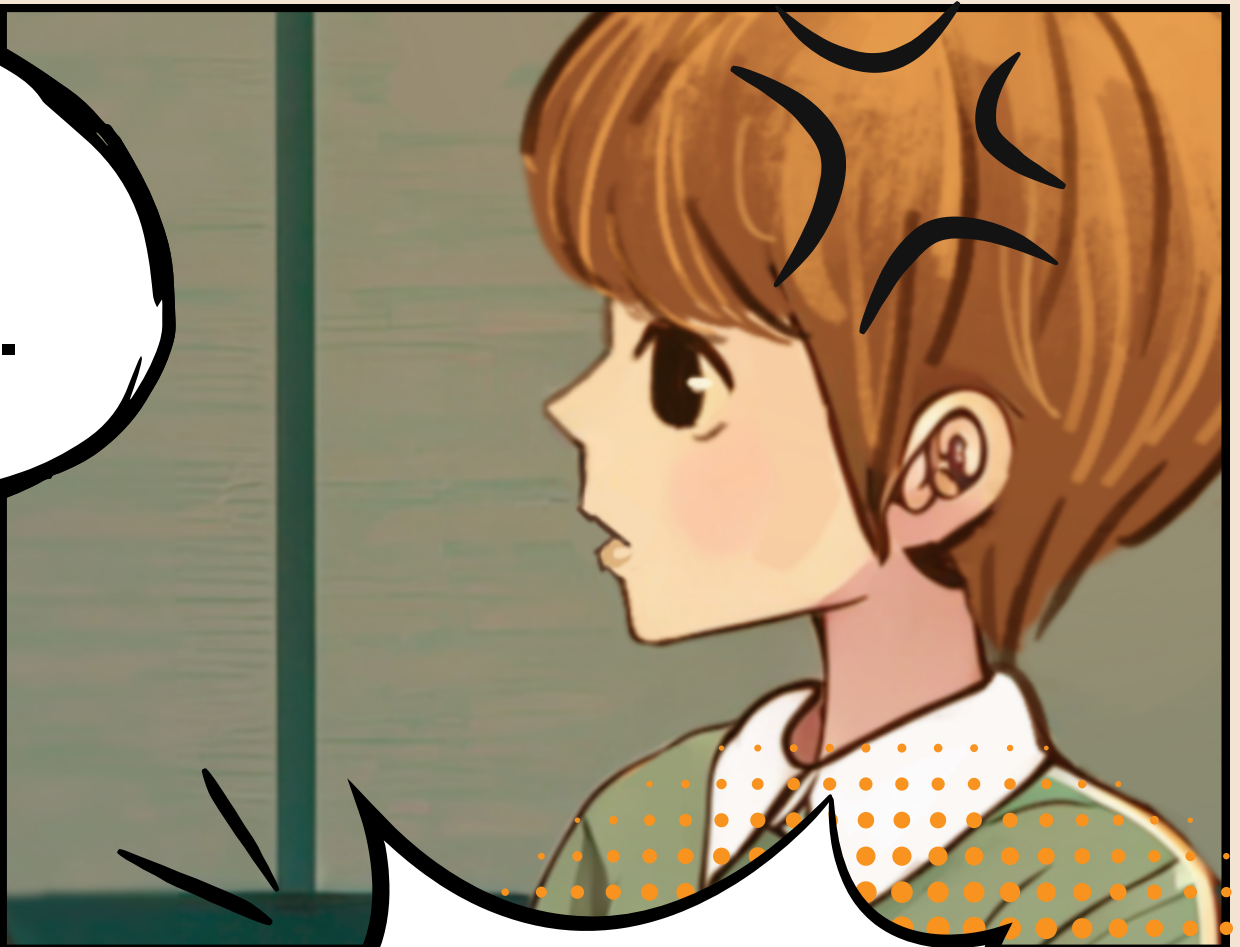


**We need
an Asian
to help
carry
the group!**

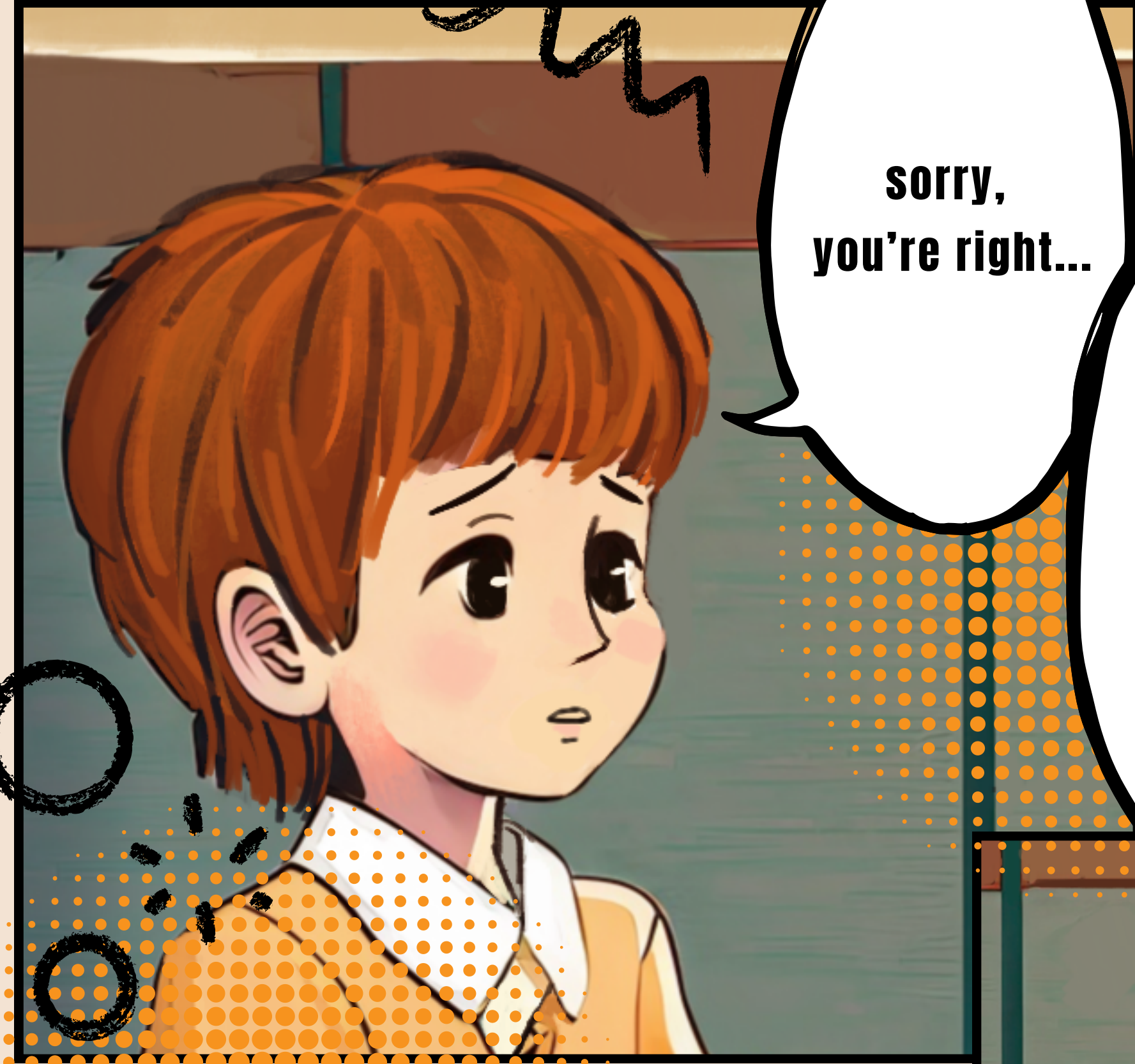




**but Peter is just as,
if not smarter than him.**



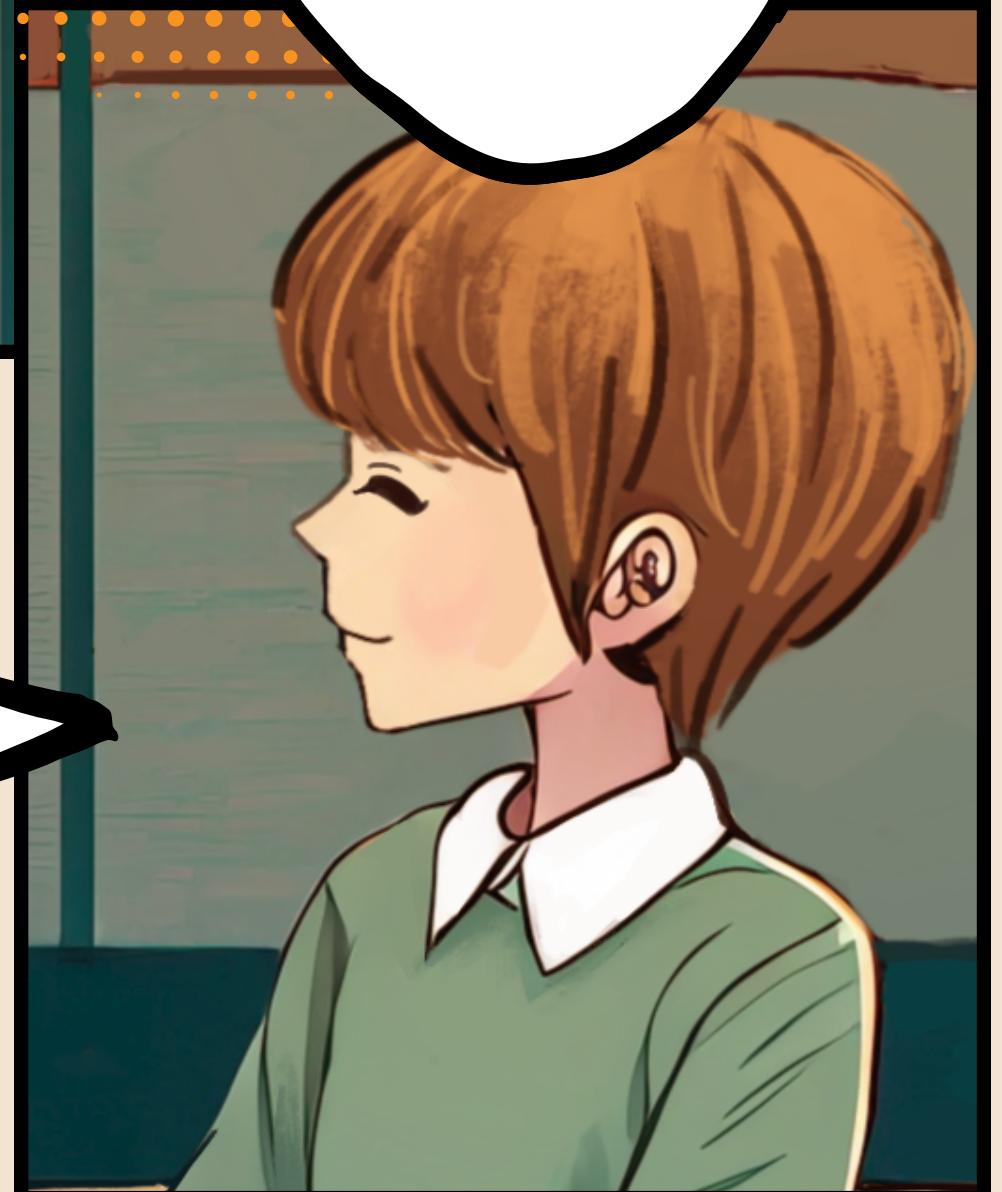
Don't be so biased!



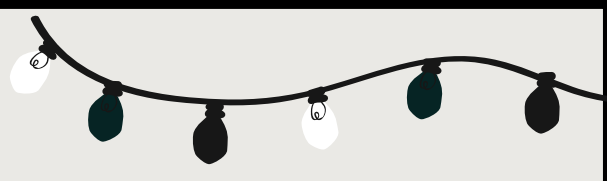
**sorry,
you're right...**

**I shouldn't
judge people
like that.**

**No worries at all.
It takes self-awareness to
acknowledge our biases and
judgments.**

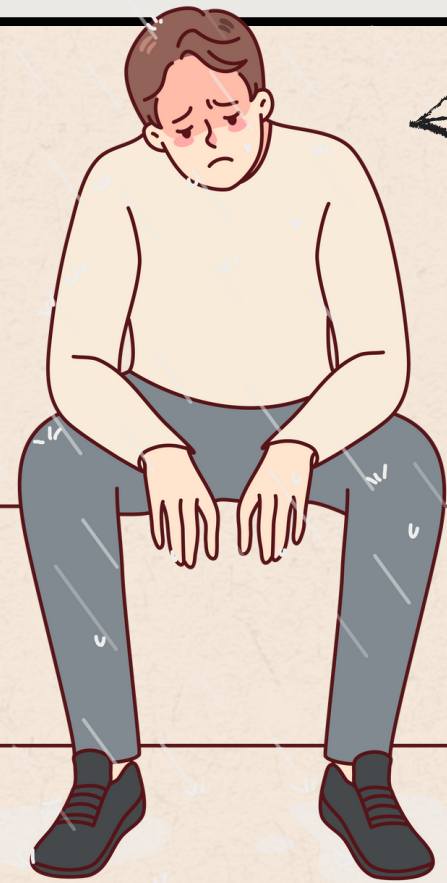


Implicit or Unconscious Bias



The terms “**implicit bias**” and “**unconscious bias**” carry the same general meaning. It is “the bias we bring into our judgments and decision making without realizing we are doing so” (Oxford Reference).

Bias can be the result of personal beliefs and values, culture, personal experiences, media and popular culture, family influence, and other intersectional factors. These factors can directly affect the way we see and treat other people, make decisions and judgments, and ultimately lead to the formation of negative attitudes, racial discrimination and unfair treatment.



Implicit or unconscious bias can negatively affect our mental health, create barriers in access to services and employment opportunities, create stereotypes,

All people have implicit or unconscious biases, whether we acknowledge it or not.

It is important to raise awareness on how we can learn about, acknowledge, and address our own implicit or unconscious biases so that we can reduce the negative impacts of bias on the people around us.

